


Contact us today to arrange a visit or for a friendly chat to find out how we can support you:

 **The Bradbury Centre  
Smiles Place  
Lavendar Road  
Woking  
GU22 8BJ**

 **01483 753 652**  
 **DCWoking@fote.org.uk**  
 **www.fote.org.uk**



  
**Friends  
of the Elderly**

Friends of the Elderly has been supporting and caring for older people since 1905. Over a century later, we still play an important role in supporting people to live well in later life.

Our Woking Day Care service is part of range of local care services Friends of the Elderly provides. We can offer additional support, including respite and residential care, in our care home, Bernard Sunley.

 **www.fote.org.uk**

 **/FriendsElderly**  
 **@FriendsElderly**  
 **/Friends-of-the-Elderly**

**Friends of the Elderly**  
The Bradbury Centre, Smiles Place,  
Woking, Surrey, GU22 8BJ

03305 550 378

Friends of the Elderly, registered charity in England and Wales (no 226064); registered company in England and Wales (no 133850).  
Registered office: The Bradbury Centre, Smiles Place, Woking, Surrey, GU22 8BJ.  
A company limited by guarantee.

## **Woking Day Care**

### **Dementia Day Care with a family feel**



  
**Friends  
of the Elderly**

## Woking Day Care

Run by the charity Friends of the Elderly, Woking Day Care is managed by a dedicated and experienced care team who are trained in supporting people living with dementia. We offer a friendly service with a family feel.

### What can you expect?

Our centre provides a safe and secure environment designed to feel like home. Our facilities include:

- A bright, airy open plan lounge and dining area where you can enjoy group activities or relax and read a book.
- An interactive sensory table that provides movement and light activities for you to enjoy.
- French doors that open onto a sunny patio and lawn area with garden furniture and raised garden beds.
- Interactive activities.



### We are open:

**Monday-Friday (9.00am – 3.00pm)** excluding Bank Holidays and you can choose to come along for as many days as you would like. We can also help to arrange transport if it's needed.

You and your family can enjoy complete peace of mind knowing your care is in expert hands.

We encourage all our clients to play an active part in the centre's daily activities, from helping out in the garden to baking treats for everyone to enjoy.

Although our team plan daily activities around your hobbies and interests, how you choose to spend your day is up to you.

### Typical activities include:

- Gardening.
- Quizzes and sing-alongs.
- Arts and crafts.
- Baking.
- Gentle exercise.
- Reminiscence activities.



We work closely with the local community to ensure you are supported to stay connected to your surroundings and are able to enjoy everyday life.

While you are with us you can enjoy a light breakfast, lunch and afternoon tea – all prepared by our onsite team who ensure a balanced and nutritious diet is maintained.

***“Many many thanks for all the good times and outstanding care the team have given my mum. She found her purpose in life again”***

**- Miriam\***

Service user's family member,  
Woking Dementia Day Care

*\*some names have been changed to protect privacy.*